



Online Magazine

FALL 2025

INSIDE:

Golf Tips & Advise
From Seven Carolina Golf Pros

8 Featured
North Carolina Golf
Courses You'll Want To Play

GOLF JOKES & HUMOR

COVER PHOTO: Cedarbrook Country Club - State Road, NC

www.GolfingTheCarolinas.net

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An Online Directory of Golf Courses in North & South Carolina



We are an easy to use golf course directory of public golf courses in North and South Carolina. The list of courses is broken down by geographical area, making it easier to find a course in the targeted area where you want to play. Or, you can simply browse the site and view our list of golf courses to make future plans.

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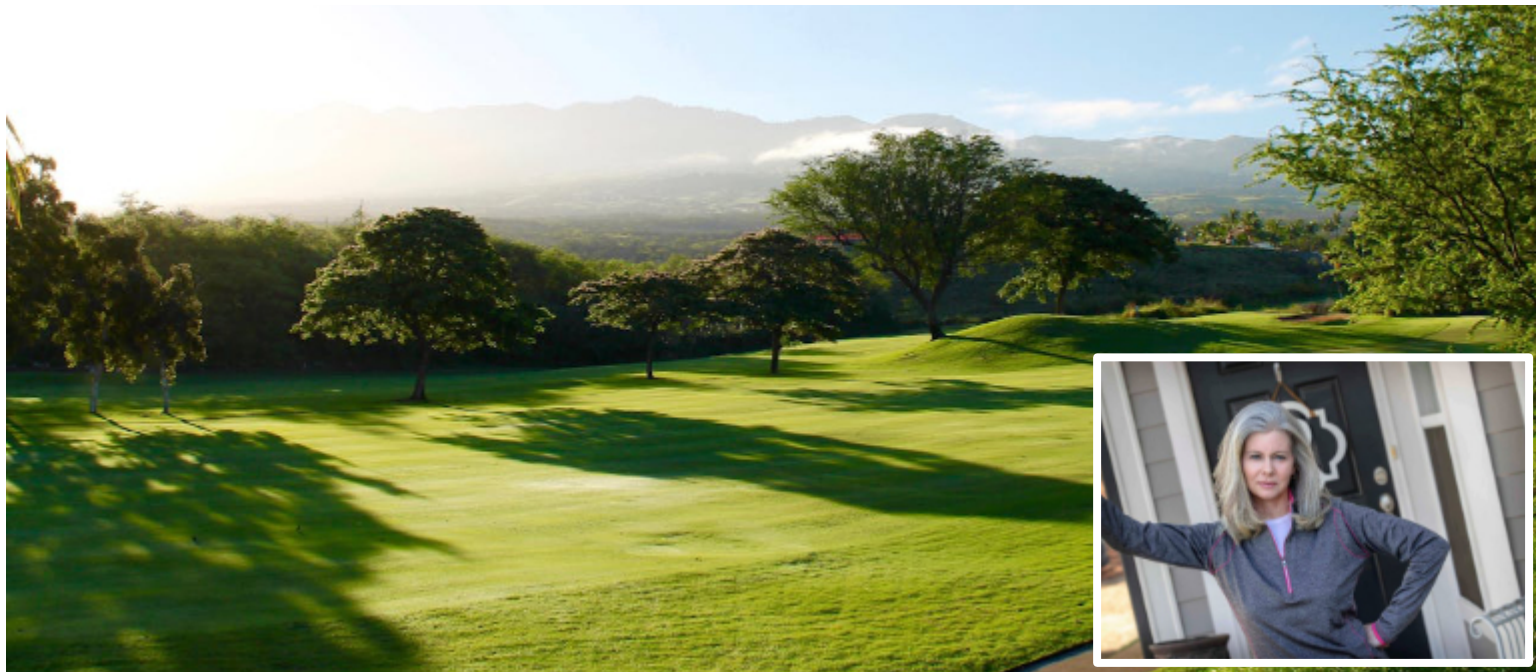
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Shadows Are Your Friends

By Pamela Rogers - LPGA/PGA Golf Professional

Over my 30+ years of teaching, shadows have consistently been one of my favorite training tools. They naturally reveal proper head and hip movement, correct swing length and path, efficient weight transfer, and even the ideal finish position.

But here's the catch: when you're not on the range using shadows intentionally, they can quickly turn from a helpful guide into a frustrating distraction. Many golfers notice their shadow during a swing, lose focus, and end up with poor shots.

The key is learning to make shadows work for you, not against you. Work with your LPGA or PGA Professional to incorporate shadow drills into your practice. These exercises not only sharpen mechanics but also shift your mindset so that shadows become a trusted aid instead of an annoyance.

1. Check Your Swing Path

On a sunny day, position yourself so your shadow falls directly in front of you or behind you. Watch how your arms and club move in the shadow — it gives instant feedback on whether you're coming over the top, taking the club back too far inside, or staying on plane.

2. Monitor Head Movement

Your head's shadow is an easy checkpoint. If your head shadow shifts dramatically during your swing, it means you're moving too much. Staying steady will improve consistency.

3. Improve Weight Transfer

When your shadow is to the side, notice if your hips are shifting properly during the downswing. If the lower-body shadow doesn't move smoothly toward the target, you may be hanging back.

4. Train Your Finish

Shadows make it easy to see if you're finishing tall and balanced. After the swing, glance at the shadow — is your body stacked over your lead foot, chest facing the target, club high? If yes, you're in a strong finishing position.

5. Build Focus and Mental Toughness

Another simple way to stay focused is to adjust your attention. Stick to your pre-shot routine and your target. When you set up to the ball, try zeroing in on a single dimple instead of the entire surface. By narrowing your focus and embracing the shadow as a friend rather than an enemy, you'll train your mind to see it as part of your game—not a distraction.

Bottom line: Shadows are a free visual coach. If you practice with them intentionally, they'll reinforce correct movements and sharpen your focus. Then, when you're on the course, you'll be less likely to see them as a nuisance — and more likely to see them as a quiet reminder that your fundamentals are solid.

Contact Pamela Rogers by phone (919-426-9553) or by email (prlpga@aol.com). To learn more about Pam [CLICK HERE](#).

Lake Junaluska Golf Course



756 Golf Course Road, Waynesville, NC 28786 - (828) 456-5777

www.LakeJunaluska.com

The Lake Junaluska Golf Course is a scenic, fun and challenging 68 par course with incredible views of Lake Junaluska and the surrounding mountains.

Come to the fresh air of the western North Carolina mountains and enjoy a round of golf in the splendor of nature with exquisite mountain vistas and the cool, refreshing breeze from a mountain lake. Beautiful fairways and greens await your company on this par 68, 5,108 yard golf course that accommodates all skill levels. If you have young ones, be sure to check out their Junior Golf Program. The course is also available for tournaments.

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Golf's Consistency Challenge

By Nicole Weller, LPGA/PGA Golf Teaching Professional

At the top of most golfer's wish list is the desire for more consistency. It's a super popular quest by all golfers. Who wouldn't want to find the perfect way to move the ball the same way each time they took a stroke. In truth though, *consistency is a myth*. As humans, we function a little differently each day. A more realistic goal might be to have a smaller window of variability. Instead of the big misses, can the shots have a lot closer pattern, wavering maybe a little this way or that way but with less dispersion?

Pia Nilsson and Lynn Marriott are world-renown owner coaches of Vision54 (Pia coached Annika Sorenstam and they both coach many great current Tour players, amateur competitors and recreational golfers all alike). They say be a **"MASTER OF VARIABILITY – BE adaptable!** Every day on the golf course will be variable. Consistency is a myth. You want to learn your own common tendencies what you do when playing great and how you get in your own way. Those tendencies can be consistent! By recognizing these tendencies you can start to manage yourself on the course, no matter what happens each day – and you will be a master of your own variability".

While playing at Wake Forest University on scholarship for the women's golf team, I had shot my lowest round of golf during a qualifier for a travel event, at one point. What a fluid, easy round – I couldn't do anything wrong! I expected the same the next day and tried to find what I had instead of being who I was *that day* and hitting the shots I had

that day and scored a lot higher than expected. Having great routines and a perfect swing doesn't mean it'll come through as planned, it just increases our odds. Golf is a difficult game for a round, let alone four rounds in a row to win an event at a professional touring level or amateur Club Championship.

Dr. Robert Bjork, distinguished cognitive psychology research professor at UCLA, has a lot of research on learning and forgetting. Just because one can perform something doesn't mean it's been learned and conversely just because something's been learned doesn't mean that it can always be performed exactly the same. Two top players at The Masters recently both hit their 2nd shot way right of the 15th green on the final day, very off-line for players of their caliber. How could that happen after all the millions of golf balls they've hit with a coach right there? It's the human factor and just because they've learned it doesn't mean it can always be performed the way we intend.

So how can one create a tighter result pattern?

1. Be aware of both your technical skill and your human skills, they'll vary day to day - and that's OK. Just check in with what you have that day. A former colleague of mine who coached at a large SEC university men's golf team and had played in two U.S. Opens said if his ball curved a little right that day, he played it. If it curved a little left another day, he played it. He didn't try to fix it, he learned how to make his shots that day get to the hole. Patterns are a gift, learn to recognize them and capitalize on them.

(Continued on page 14)



495 Chicora Drive, Dunn, NC 28334 | 910.897.7366

www.ChicoraGolf.com

Chicora was built in 1952 by Harnett County citizens as a Country Club. In 2003 all of the Chicora Country Club's facilities were sold to an outside Golf Group. However; in the summer of 2006, a group of prominent local Club Members, that also call Chicora home, joined together to form a new company known as the Chicora Golf Club. Because these owners live on or near the facilities they ensure the Chicora neighborhood and Golf Club will always live up to its Country Club status. Chicora, Native American for "The Land," offers a challenging 18 hole golf course, a putting green, driving range, full-service pro shop, golf lessons by a PGA Certified Instructor, golf carts, rental clubs, full-service bar, food, member and public tournaments, ABC Permits, swimming pool and club house facilities for reserve.

Treat yourself to a visit real soon! Located in Dunn, NC, Chicora was voted one of the best golf courses in the Greater Raleigh/Fayetteville Area. The Chicora Golf Club is an excellent choice for beginner and professional golfers alike. Players from all over recognize this 18-hole course as one of the most challenging in the area – and that's not even the best part about it yet! The climate at our location makes our course playable almost year-round! The air is always fresh, the landscapes are inspiring, and the atmosphere is truly on a class of its own.

More Amenities and Services ...

The Chicora Golf Club is home to more than just the most outstanding course on this side of town. Our club also has all the amenities you need for the best golf experience possible. Chicora also has a putting green, driving range, full service pro shops, a fleet of golf carts, and also offers golf lessons from PGA certified instructors. These facilities are ready at all times and available for tournaments and competitions. We also have facilities and amenities ready for spectators and other non-golfers. Guests can reserve our swimming pool and club house facilities, or marvel at the beautiful views the course offers.

Hosting Your Special Events ...

One of the most notable amenities found at Chicora Golf Club is our beautiful golf course, which serves as the venue of choice for many receptions and other significant events. Whether you are celebrating a lovely spring wedding or a summer company retreat, our club has the facilities to make your event a success. More than the venue itself, we also provide assistance with event planning every step of the way.

LINKS
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How To Gain 10 Yards Off the Tee

By Nick Jacobi - PGA Master Professional

Golf's Holy Grail for a certain population of golfers is not a scintillating short game. It's not precise iron play. It's not even great scores. What is sought, for better or worse, is the long ball; banging the ball by your buddies off the tee trumps getting it into the hole faster. Granted, there is a tuning fork in the knickers excitement to watching your golf ball soar into the distant horizon like it came off the bat of The Babe.

Golfers on every end of the skill and scoring spectrum, regardless of their agenda, can benefit from hitting a longer tee ball. Par-5s become reachable and greens look larger and more inviting with every additional yard gained.

Have you ever paid attention to the best players in the world when they are hitting their driver? There are a few things you can learn from them that can help you gain 10 extra yards off the tee.

Higher tee ball – Tee the ball high enough so that half the golf ball is above the top line of the driver.

Forward ball position – The ball position with the driver should be off your front/lead shoulder. This puts the ball position up in your stance and allows you to strike it on the beginning of your upswing.

Wider stance – If you want to hit it farther, you must have a wider stance so you can load up, maintain balance, and push off the ground to create leverage. I recommend having a stance that is a little wider than the width of your shoulders

Low and slow – Keep your takeaway low and slow. This will help you take the club back with your

arms and shoulders, and not just your hands. Remember, you are not hitting the ball on your back swing, so save your energy and speed for the downswing.

Full turn – To hit the ball with maximum force while maintaining control, you need to make a full shoulder turn. The best way to ensure you make a full shoulder turn is to get your front shoulder under your chin during your back swing.

Balanced finish – Maintain good balance when you finish your swing. Being able to hold your finish for a few seconds at the completion of your swing is a sign of good balance. The key is to get your weight off your back foot at the completion of your swing. A good way to check your balance is to make sure the bottom of your back foot is visible when you hold your finish.

Below are a few drills you can do to help ingrain these tips:

Swoosh drill – Turn the club upside down and grip the club just below the club head. Take a few swings and notice the swoosh sound the club makes. It should be loudest past the impact point and not before. Try to make that swoosh louder by swinging harder and maintaining good balance.

Step through drill – Take your normal stance and grip. Now swing the club and on the follow through step through with your back foot. (Gary Player sometimes did this during a round.) You want to get your back foot ahead of your front foot when you step through. This will ensure you get your weight off your back foot and turn through the ball.

(Continued on page 14)



**The
Cleghorn
Club**
AT TRYON RESORT

183 Golf Circle - Rutherfordton, NC 28139 | (828) 286-9117

www.cleghorngolf.com

Acclaimed by the PGA as one of the best courses in North Carolina!

Welcome to The Cleghorn Club at Tryon Resort (formerly Cleghorn Golf & Sports Club), one of the best places to play golf in Western North Carolina. Cleghorn is more than 18 holes of golf, it is an experience you will not soon forget. The views, the George Cobb design (famous works include Quail Hollow Club and Par 3 at Augusta National), and the great playing conditions will give you four hours of solid enjoyment. Your best round at Cleghorn will have nothing to do with your score. It will be about the challenge you face on every tee box and how you handle the 18 adventures in front of you.

Just one hour west of Charlotte, forty minutes from Asheville, and Greenville/Spartanburg, SC off Highway 74. Nearby attractions like the new Tryon International Equestrian Center, world famous Lake Lure where "Dirty Dancing" and "Last of the Mohicans" were filmed, and the breathtaking Blue Ridge Parkway, all just minutes from our club.

Listed by Golf Digest as one of their "Best Places to Play." Voted multiple times "The #1 Golf Course in Rutherford County".

Yardage/Slope/Rating - PAR 71 Course

BLACK TEES: 6821 Yards - Rating 73.8/Slope 135
GOLD TEES: 6203 Yards - Rating 70.9/Slope 131
SILVER TEES: 5473 Yards - (Men) Rating 67.1/ Slope 126
(Women) Rating 73.3/Slope 135
BRONZE TEES: 4620 Yards - (Men) Rating 63.6/Slope 109
(Women) Rating 68.3/Slope 121

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Junior Golf ... More Than Just A Game

By Zim Zimmerman, PGA Professional

Junior golf has always been a passion of mine. Introducing the sport to juniors can have physical, mental, and social benefits and is a great way to bring families together. Many life lessons are introduced through the game. The game teaches integrity, honesty, and concentration; while showing courtesy to fellow competitors and treating them with respect. Golf instills the importance of punctuality and being responsible. I personally feel that by being involved with the game and by being around golf facilities, juniors mature at a faster rate.

Golf is a game for a lifetime. Juniors may play the rest of their life at whatever level they choose. Like a lot of things in life, you only get out of it what you put into it. The game takes time to develop certain skills that requires patience, but once the love of the game is found, the skills will follow. It is important in the beginning to develop a good set-up position and basic swing fundamentals. This can be achieved through quality practice and repetition; and not focusing on shot results. Juniors will benefit greatly through instruction and guidance from a PGA Golf Professional. In developing good fundamentals, it is important to have properly fitted clubs. Importantly, junior golfers need to play from distances that put the course in perspective and allow for success and fun. For example, according to age, size, and ability level, a junior golfer may need to tee off from the 150, 200, or 250-yard marker.

The PGA Junior League and The First Tee are great beginner organizations for instruction and development for beginning players. These organizations can be found at private and semi-private (public) golf facilities in our area. There are many junior tournaments and events for all ages and ability levels. The TYGA (Tarheel Youth Golf Association), which is managed by the Carolinas Golf Association, is an excellent starting ground for beginning competition and is very affordable. The

Peggy Kirk Bell Girls Golf Tour is another way for girls to get involved in tournament play. The associations teach rules of the game and etiquette, and are a good way to develop many long-lasting friendships.

One of the most important things is to help juniors have fun while learning this lifelong game. Families can build lasting memories while interacting with their young players. It is important for parents to be supportive with resources, proper equipment, positive coaching and guidance, in order to help their children to be successful on their golf journey. Some of the best advice for parents is to promote a love for the game by providing a relaxed and fun environment. Especially for beginners, it is good to allow inquiries or choices such as hitting a few shots on the range or out of the bunker, rolling putts on the green, or simply enjoying their surroundings.

Junior golf is a necessity for growing the game and for keeping the game healthy and vital. Through the sport, juniors learn the importance of setting visions and goals. Through practice and persistence, junior golfers can have success and get to the rewards it leads to. Time on the course should be ended while beginners are still having fun and before the time they may lose interest and concentration. A good way to make lasting memories with your child is by ending the golf day with a healthy snack and drink and conversation about your time on the golf course.

Junior golf is more than just a game. It is a pathway to discipline, the power to handle setbacks, the ability to take ownership, a lifestyle of integrity, and the development of lifelong friendships. Golf is a training ground for life. Parents can feel comfortable in knowing they are helping their children to become successful young adults. With my experience, introducing and giving your junior the opportunity to learn the great game is one of the best educational and life experiences that you can give them. **Learn more about Zim Zimmerman on page 17.**



225 COUNTRY CLUB DRIVE | STATE ROAD, NC 28676 | 336.835.2320

www.CedarbrookCountryClub.com

Cedarbrook Country Club was designed by one of North Carolina's most noted golf architects. Ellis Maples, who studied under Donald Ross and whose family has perhaps the deepest roots in North Carolina golf, sculpted Cedarbrook out of rolling countryside, thick forests, and sparkling lakes. The result was another Maples classic.

The course offers a unique test each time you tee it up. From the front nine's majestic, undulating greens to the back nine's requirement of shotmaking precision, Cedarbrook continues to withstand the test of time. No matter your ability, Cedarbrook has a different challenge for everyone with its four sets of tees and variety of course setups. One thing is certain ... you will always enjoy your rounds of golf there.

Just 45-minutes from Winston-Salem, and a little over an hour from Charlotte or Greensboro. It's easy to get to, but challenging to play. Your day begins perfectly when you climb into one of their comfortable golf carts, complete with a computerized GPS system with a large screen that allows you to see where you are on the course, the location of the players ahead of you, and distances to the hole and hazards. You can even order your lunch or snacks from the cart from their stylish restaurant and bar that is situated in their 10,000 square foot rustic clubhouse.

The tee boxes, fairways and greens are in excellent shape. There is a fair amount of sand and water on the course, which keeps you on your toes, yet it is manageable. The course is 6,747 yards long from the blues, and a formidable 4,920 from the orange tees, with the white, yellow and green tees in between.

Rates are extremely reasonable, especially when you consider the quality of the club. And ... as a bonus, everyone is so friendly, the staff and the

golfers. And, they take care of all the details, even fresh cold water conveniently placed on the course.

Enjoy The Rustic Club House



Today, Cedarbrook members and visitors enjoy a beautiful clubhouse completed in 2005. The classic clubhouse features clapboard siding, shingled gables, and a distinctive rooftop cupola, paying tribute to the early 1900's origins of the location. After a round of golf on the challenging Ellis Maples designed course, enjoy a meal in their main dining room, or on the veranda overlooking the golf course and picturesque foothills. Or retire to the second floor "Crows Nest Lounge", offering an even more spectacular view of the property. Fully appointed Men's and Women's locker rooms, a well-stocked golf shop, a comfortable Grill Room and Lounge, and a welcoming staff, all contribute to a memorable visit to Cedarbrook Country Club.

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[CEDARBROOK HOLE BY HOLE GALLERY](#)



Andrew Kiger, PGA
Andrew Kiger Golf

Director of Instruction at The Club at 12 Oaks and MacGregor Downs Country Club, Andrew Kiger has built one of the Carolinas' most respected teaching teams. A Golf Digest Best Young Teacher in America and Best in State award winner, Andrew specializes in simplifying the game and helping golfers of all levels find confidence in their swing and short game.



Matthew Palmer, PGA

Lead Instructor at MacGregor Downs Country Club, Matthew Palmer combines technical expertise with a passion for player development. Recently honored with the Operation 36 Coach Impact Award, he's known for helping golfers sharpen precision skills like the low spinner while guiding juniors and adults through long-term improvement.



Bo Bolick, PGA

As Lead Instructor at The Club at 12 Oaks, Bo Bolick is widely recognized for his ability to make complex shots accessible. A Top 50 Operation 36 Instructor, Bo's approachable teaching style and specialty in creative scoring shots, like the high pitch, have made him a favorite among both competitive players and beginners.

Andrew Kiger Golf

(919) 449-4274

akiger@pga.com

www.AndrewKigerGolf.com

The 3 Shots To Make Your Short Game Elite

By Andrew Kiger Golf for Golfing The Carolinas



When it comes to lowering scores, few areas of the game pay bigger dividends than your short game. At Andrew Kiger Golf, we believe every player—whether you're chasing a club championship or simply trying to beat your buddies on Saturday—needs a reliable toolkit around the greens.

Our instructional team has narrowed it down to three essential shots: the bump and run, the low spinner, and the high pitch. Master these, and you'll be prepared for nearly every short-game challenge the Carolinas can throw your way.

1) The Bump and Run — By Andrew Kiger, PGA

The simplest and most reliable short-game shot is the bump and run. Think of it as "putting with loft." Instead of flying the ball to the hole, you're letting it release like a putt after a short carry.

When to use it: Tight lies, fairway cut around the green, or when you have plenty of green to work with.

Keys to success:

- Ball slightly back in your stance.
- Hands ahead of the clubhead, and raise the shaft so the club sets more upright—like a putter.
- Weight forward at address and through impact.
- Use a less-lofted club (7–9 iron fits best).
- Keep the motion smooth and putting-like.

Master the bump and run and you'll remove guesswork and become consistent around the greens.

2) The Low Spinner — By Matthew Palmer, PGA

The low spinner is one of those shots every golfer wants in the bag—the crisp wedge that takes one hop, checks, and stops. It looks flashy, but it's practical when you've got some green to work with and don't want the ball rolling out too far.

When to use it: Medium rollout situations. Not short-sided, but not wide open either.



Keys to success:

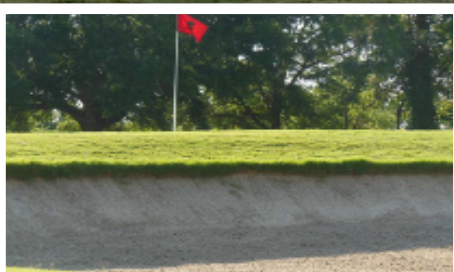
- Use your 60° wedge.
- Ball slightly back, hands and weight forward.
- Descending strike (around –10° attack angle).
- Deliver about 45° of loft at impact.
- That puts you in the spin-loft "sweet spot" of ~55°, where maximum spin lives.
- Accelerate through and keep the grooves clean.

"The low spinner is about precision. By controlling spin loft—the gap between attack angle and delivered loft—you can flight it down and still load the ball with spin. It's not just a trick shot. If you've got the technique, it's reliable and repeatable." — Matthew Palmer

(Continued on page 14)

Beau Rivage Golf & Resort

649 Rivage Promenade, Wilmington, North Carolina, USA. 28412 (910) 392-9021



www.BeauRivageGolf.com

Make your escape from the flat terrain of the coastal region and enjoy a refreshingly unique golf experience. Amid gently rolling hills, willowy pines and aesthetically designed lakes, this 18-hole course ranks among the finest on the coast. Elevations changes up to 75 feet and scads of bunkers place Beau Rivage among the more dramatically landscaped golf courses on the coast.

Carved out of long-needle pine forests, Beau Rivage's 18-hole championship layout incorporates wooded hills, rolling dunes, undulating valleys and plenty of water in-play from estuaries of the neighboring Cape Fear River. Attacking the flags from the rough and pine straw can be a perilous undertaking. With countless tight doglegs and narrow bermudagrass fairways, Beau Rivage will test one's accuracy off the tee. The Beau's renowned putting greens, made of a genetically engineered form of bermudagrass, are known for their consistent smoothness, speed and true roll. The countless ups and downs, blind approach shots and natural hazards, combined with slick greens, Beau Rivage creates a golfing experience \

that offers even the avid player a challenging round. For tee times and information, contact the Pro Shop directly at (910) 392-9021.

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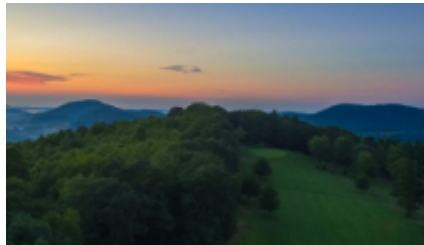
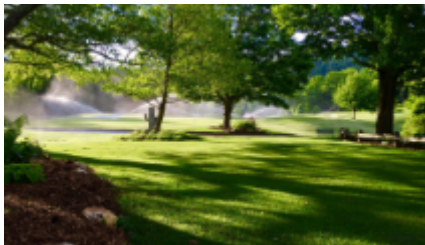
[LODGING](#)

[PRO SHOP](#)

Just minutes from the historic river district of downtown Wilmington and the surrounding island beaches, Beau Rivage is easily accessible by I-40, NC-17 and ILM Airport. No matter what brings you to our doors or how far you have to travel to get here, know that you'll feel right at home in our hands. After all, providing a great experience isn't just our job as a hospitality provider... It's our personal commitment as a family-owned and operated establishment since 2006.



1396 Fairway Ridge Drive | West Jefferson, NC 28694 | 336.877.4716
www.MountainAire.com



Located in West Jefferson, North Carolina and nestled in the heart of the Blue Ridge, Mountain Aire is an established, public course offering 18 holes of well-maintained fairways, complimented by the natural, rugged beauty of the Appalachians. It is located just 30 minutes from Boone. In addition to offering a challenging round of mountain golf, Mountain Aire also "plays" the backdrop for a beautiful golf community called Fairway Ridge.

Mountain Aire Golf Course features a course of moderate length that can be enjoyed by players of different skill levels with its four sets of tees. The blue course plays to a length of 6,415 yards, a modest length by today's standards, but the course record of 64 indicates that the course defends itself well against par. We recommend the blue course for accomplished players with a handicap of less than 10. The white course measures 5,858 yards, and while the course record is 62, the white course gives most men all they can handle. The gold course is 4,852 yards and is just right for juniors,

seniors and ladies who need a little more length than the red tees provide. The red course is played by most ladies and measures 4,140 yards. It is not as long as many ladies courses and can be enjoyed by ladies of all skill levels. The ladies course record is 65.

VALUABLE LINKS

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[Photo Gallery](#)

[Pro Shop](#)

[Practice Facilities](#)

GOLF'S CONSISTENCY CHALLENGE

(Continued from Page 5)

2. Spend energy on what you can control and not what you can't. Golfers spend too much time trying to micromanage things that are out of one's control (other people, weather, results, fairness, one's swing mechanics). Do your best to plan and then don't worry - just play. Rehearse a swing feel or image away from the ball and then once you address the ball, it's time to play, not think and micromanage. Let go of things you can't control and focus on your planning, intent, attitude, how you power yourself during a round with food and hydration, how you warm-up effectively... remember it takes only 15 minutes to actually play the game of golf. All the time between those swings are how you can be successful or not, based on what you tend to be attentive to and how you react.

3. Learn to practice better with both blocked (repetitive) and random (scrimmaging) type practice so that what's learned can then also be performed with variables. I love taking students out on the course or range for Transfer Play Practice. Hitting 10 seven-irons on the range is one thing. But can you do it after having had 5 minutes since your last swing on a totally different terrain with the perceived pressure of the match or your friends' comments? It's one thing to learn how to shoot a basketball over and over again. It's another to shoot a basketball with someone charging at you with arms flailing and a crowd cheering for you to miss while you have to pivot, re-set and shoot... did you practice shooting that way? Train better! Check out a brilliant book a colleague of mine wrote: *Golf Scrimmages: Realistic Practice Games under Pressure* by Trent Wearner.

4. Be OK knowing you can't be consistent but striving towards a tighter window of variance. A golfer might only hit one shot straight on the range but the other nine were only five-ten yards off in each direction. That's better than three very straight shots and the other seven shot being twenty yards or more off and 'out of bounds'... it's a more playable tendency. Above all, stay the course, enjoy exploring your game and either being successful on some days and rounds and then learning about what could be better on the other days.

Nicole Weller is an award-winning LPGA/PGA teaching professional with a Master's Degree in Sport Psychology Moto Skill Learning and instructs local area golfers at Compass Pointe Golf Club in Leland. For more information on Nicole and her tips / videos, visit:

www.nicoleweller.com
nicoleweller@gmail.com
912.695.5211

HOW TO GAIN 10 YARDS OFF THE TEE

(Continued from Page 7)

Feet together drill – Take your normal stance and grip. Now move both feet together and swing the club while keeping your feet together. This drill will help you get a feel for your balance. If you swing and cannot keep your feet together, you have swung too hard.

**Contact PGA Master Professional
Nick Jacobi, to get help training and practicing
golf correctly.**

njacobi@stonebridgegolfclub.com
www.jacobigolf.com
704.516.7710



THE 3 SHOTS TO MAKE YOUR SHORT GAME ELITE

(Continued from Page 11)

3) The High Pitch — By Bo Bolick, PGA

This is a specialty shot, not a stock shot. Sometimes the only way to get close is to launch the ball high with spin and let it land soft—like a butterfly with sore feet.

When to use it: Carrying bunkers, clearing rough, or attacking a tight pin with little green to work with.

Keys to success:

- Use your most lofted club (60° or 56°).
- Ball slightly forward, with weight and shaft leaning slightly target-side.
- Lower the hands at address and open the clubface.
- Make a longer swing, generating more speed—the ball will go much shorter than you think with more loft on the club.

Swing feels that can help: let the clubface point to the sky as it skims through the turf and the ball. On the follow-through, the face should still be pointing to the sky to keep the loft up for a higher shot. For better players, this will feel like keeping the face open and hitting a soft fade.

“Trust the loft. If you accelerate with commitment, the ball will fly high and land soft every time.” — Bo Bolick

Building Your Short-Game Arsenal:

Golf in the Carolinas demands versatility—tight Bermuda lies, elevated greens, and quick putting surfaces. By mastering these three shots, you'll always have an answer, no matter what the course throws your way. Our team at Andrew Kiger Golf is passionate about helping players develop confidence and creativity around the greens. With the bump and run, the low spinner, and the high pitch in your bag, you'll not only save strokes—you'll save rounds.



Pine Hollow Golf Club

3300 Garner Road, Clayton, NC 27520 | (919) 553-4554

www.PineHollowGolf.com

The par-71 golf course at Pine Hollow Golf Club near Raleigh, North Carolina, measures 6,508 yards from the back (blue) tees. It was designed by Maurice Brackett and Bob Moore and opened for play in 1968. The manageable length of the golf course, along with affordable anytime rates, make Pine Hollow your best choice for outdoor recreation.

Located in beautiful Clayton, North Carolina, it is a favorite for many golfers in the Raleigh area because of the amazing course and exceptional service. Host your Raleigh golf outing or tournament at the club and see why so many people are enjoying Pine Hollow Golf Club year after year.

Stop by the driving range on your way to scoring your personal best. A pre-round warm-up will help you focus on your game and get into the swing that you need to play your best round. Get a feel for the course on their putting greens and chipping areas before you hit the course. You can also stop by after work to enjoy the gorgeous scenery while you hit a few balls.

When you book a tournament at Pine Hollow, you will walk out onto the course and realize that you have picked the perfect place to bring your friends and coworkers together. They host many events for charities, businesses and golf groups that can't wait to come back time and time again. The club is off of the beaten path and offers the perfect getaway for your golf outing.



[Interesting Links](#)

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[Course Details](#)

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All The History Of A Donald Ross Design And All The Scenery Of Asheville, NC

Asheville Golf Course is a true gem and one of the oldest courses in Western North Carolina. This classic layout was designed by famed course architect Donald Ross in 1927 and it accomplishes the difficult double task of being challenging and fun. The front nine of the par 72 historic course spans 3,246 yards from the back tees. Its scenic design allows for the use of a driver on most holes. Meanwhile, the 3,194 back nine favors accuracy over distance. Although not long by today's standards, the course proves length does not make a great course.

Their friendly staff will help you make start times, rent golf carts and register you and your guests before each round of golf. An excellent selection of merchandise is sold in the golf shop and golf lessons are available. Gift certificates are available in the pro shop and online as well. Contact the pro shop for assistance, or to make an appointment for lessons. Asheville Golf Course offers chipping and putting areas, and is the perfect place to improve your short game. PGA staff is available for lessons. Take your game to the next level by making time to perfect your swing and improve your golf game today. Just contact Their pro shop to speak with a member of the professional staff and schedule your lesson today. To contact the Pro Shop call (828) 298-1867.

Click These Valuable Links!

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[Get A Gift Card](#)

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[Course History](#)

[Scorecard](#)

**DUE TO STORM DAMAGE FROM
HURRICANE HELENE THE FRONT 9-
HOLES ARE CLOSED UNTIL FURTHER
NOTICE. ONLY THE BACK 9-HOLES ARE
AVAILABLE FOR PLAY.**

Asheville Golf Course

226 Fairway Drive

Asheville, NC 28805

(828) 298-1867

www.AshevilleGC.com

A Word About Our Contributors

A big “Thank you” goes out to the following North Carolina golf professionals who have contributed articles to this issue of *Golfing The Carolinas Online Magazine*.



Pamela Rogers: LPGA/PGA Golf Professional (Page 3)

Pamela is a golf instructor with The Golf Academy at Wildwood Green, 3000 Ballybunion Way, Raleigh, NC 27613. She achieved a remarkable feat by securing both her LPGA and PGA cards. At the time of this achievement, she was among a select group of only 100 women nationwide to hold both LPGA and PGA cards. Pamela's stature as a proficient and respected Golf Professional has paved the way for her extensive teaching career, spanning all skill levels since 1990. Reach out to Pamela by email at prlpga@aol.com or through call/text at (919) 426-9553. To learn more about Pamela please [CLICK HERE](#).



Nicole Weller: LPGA/PGA Golf Professional (Page 5)

Founder: Nicole Weller Golf Enterprises, LLC and Teaching Professional at Compass Pointe Golf Club, 2405 The Pointe Club Drive, Leland, NC 28451 (Near Wilmington). Nicole is the only person ever to win the LPGA/PGA National Youth Golf Leader Award in the same year (2013). In 2024, she received multiple nominations for Carolinas PGA Teacher of the Year Award, and was the recipient of the LPGA Professional Southeast Section Mentor Award. She was an LPGA Top 50 Teacher in 2017, 19, 21, 23 & 25, and Golf Digest's Best in State Teacher in 2022-23, and #3 in NC in 2023-24. You can reach Nicole via email at nicoleweller@golf.com, by phone at (912) 695-5211. To learn more [CLICK HERE](#).



Nick Jacobi: PGA Master Professional (Page 7)

Nick Jacobi is the General Manager / PGA Master Professional at Stonebridge Golf Club located in Monroe, NC. He is currently one of only 20 PGA Certified Golf Instructors in North Carolina, and as of 2012, became the 10th PGA Master Golf Instructor in the state. Nick was recently a Finalist for 2017 and 2019 Carolina's PGA Teacher of the Year as well as a Finalist for 2019 Youth Development Award for Carolina's PGA. Over the past 10 years as a member of the Carolina's PGA, Nick has consistently ranked in the Top 20 players annually, won several Pro Am events and finished high in many Carolina's PGA Majors. You can contact Nick by email at njacobi@stonebridgegolfclub.com, by phone at 704-516-7710. Please visit him online at www.jacobigolf.com.



Zim Zimmerman: PGA Professional Retired (Page 9)

Now retired, Zim is a well known golf professional in North Carolina. He was the Director of Golf and General Manager at Cedarbrook Country Club in State Road, NC (near Elkin) for 41-years and has been in the business for more than 46-years. A two-time All-American at Garner-Webb University, he led the golf team to two National Titles in 1976 & 1977 and a 3rd place national finish in 1975. His outstanding collegiate play landed him in the Gardner-Webb University Athletic Hall of Fame. He is also a member of the Surry County Sports Hall of Fame. More recently, For the past 23-years Zim has been involved in coaching the Men's Golf Team at Elkin High School, and has also coached the woman's team for 7-years, leading the teams to many outstanding seasons. He is also very active in his community with golf, governmental and civic organizations. He can be reached at zimmermanta@aol.com.

(Continued on Page 18)



Andrew Kiger, PGA



Matthew Palmer, PGA



Bo Bolick, PGA

Andrew Kiger Golf: (Page 11 & 14)

(Continued from Page 17)

Andrew Kiger, Matthew Palmer and Bo Bolick make up Andrew Kiger Golf. Founded by Andrew Kiger, the group is well known in golf circles in the Raleigh, NC area as a solid resource for excellent golf instruction. Whether you are just beginning, or fine-tuning your game as a pro, Andrew, Matthew and Bo can get you where you want to go.

Andrew Kiger Golf
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If you are a golf professional in the Carolinas and would like to contribute an article to a future issue of *Golfing The Carolinas Online Magazine* email John Snyder at: johnsnyder@thesnydergroup.net

Hurricane Helene ... A Year After

By John Snyder



*I*t's been a year since the devastating visit from Hurricane Helene to Western North Carolina. Hurricane Helene caused horrific flooding and damage, affecting numerous golf courses in the region. The storm resulted in severe infrastructure damage, including downed trees, flooded fairways, and destroyed facilities. The recovery process is expected to be lengthy and costly. A number of golf courses in Western North Carolina remain closed and some have only partially reopened.

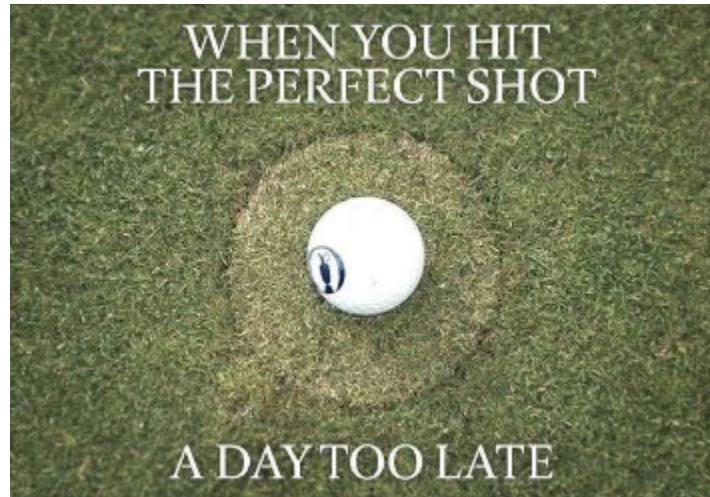
Among those still closed (according to their

websites) are Mt. Mitchell Golf Course, Burnsville NC; and Broadmore Golf Links, Fletcher, NC. Asheville Golf Course is partially open, its back nine holes available for play as repairs continue. The front nine must be completely rebuilt and no date has been given for completion. Black Mountain Golf Course is also only partially open - offering play on their back nine and Sugar Mountain is also partially open with seventeen holes open for play.

Hopefully, it won't be long before all the courses in Western North Carolina will be fully operational and back to profitability.



On The Side of Humor!



"I don't know what it is about it, but I *love* this course!"



Golf is a lot like taxes. You drive hard to make the green, then wind up in the hole.

Golf: A five-mile walk punctuated with disappointments.

Why did the golfer bring two pairs of pants? In case he got a hole in one.

A golfer asked his caddie, Do you think I can hit the green from here? The caddie replied, if you aim for the bunker, probably.

HELP THE HURRICANE HELENE VICTIMS IN OUR WESTERN CAROLINAS AND EASTERN TENNESSEE MOUNTAINS BY DONATING TO SAMARITAN'S PURSE.



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